

AHRS-INDIA FELLOWSHIP TRAINING PROGRAM

Introduction & Goals of Training

The purpose of the Fellowship Training Program is to introduce Hair transplant skills for practitioners who are licensed to provide medical and surgical services. The Program will help to develop the skills of Hair Restoration, including the medical, surgical, aesthetic skills and understand patient safety requirements to practice hair restoration surgery. The Fellowship program is only a training program to impart skills and knowledge related to field. it is not recognised by medical council of India and does not hold any legal value.

AHRS fellowship Board will be responsible to carry out the program effectively. The program will add to the knowledge of hair loss management, hair regrowth, surgical hair restoration, non-surgical hair restoration, prevention of hair loss, maintain good hair growth with or without surgery, develop communication skills and mediums of informing the progress and ethical practice of hair restoration for reaching the general population suffering from hair loss

Fellowship Board

The 'AHRS-Fellowship Board' will consist of experienced permanent AHRS members who have contributed to the development of the art and science of Hair Restoration through National and International presentations and publications shall be selected by the CENTRAL COUNCIL for evaluation, selection, screening, approval, supervision and confirm that the Fellowship is being carried out effectively to serve the aim and purpose it has been designed for. The Fellowship Board shall make decisions and approvals for the applicants, Fellowship director as well as the centers conducting the training programs.

Structure of Fellowship Board

The fellowship board consists of the Fellowship Director and four members. The board is headed by the Fellowship Director.

The Director is Nominated by the CENTRAL COUNCIL. He/she is a senior and respected member of the hair restoration specialty with at least 10 years' experience. The Fellowship Director should have academic achievements in terms of presentations and publications in the field of hair restoration. The tenure of the Director is 3 years. The director of the board will be responsible to conduct the activities, decisions about the fellowship program. In case of any dispute, the matter will go to Executive Council and if needed the Central Council.

The Members of the board are jointly nominated by the Fellowship Director with the Central council. He/she should be a senior with 8 to 10 years' experience. The tenure of the members is four years. The members will help the director to carry out the smooth functioning.

AHRS-FELLOWSHIP BOARD – current status

DIRECTOR: Dr. Sandeep Sattur (year January 2021,2022, Dec.2023)

MEMBERS:

1. President AHRS
2. Secretary AHRS
3. Two Additional members to be decided by the director.

ADVISOR: Immediate Past President

Eligibility criteria for Preceptor and Training Center

The program can be executed by the preceptor at the centers approved by AHRS FELLOWSHIP BOARD

1. Fellowship Preceptor approved by AHRS Fellowship Board
2. Fellowship Center approved by AHRS Fellowship Board.

Eligibility Criteria for the Fellowship Preceptor

The Fellowship program is conducted jointly by the Fellowship Board and the Preceptor at the approved facility. The candidate can choose more than one center for the training program and his rotation between these centers will be coordinated by the involved Preceptors and the Fellowship Director. The Fellowship Director will along with the Preceptors ensure overall teaching during the program.

Eligibility criteria to be an AHRS approved Preceptor

1. The Preceptor should be a licensed physician / Registered with the State Medical Council and hold high ethical and moral character.
2. The Preceptor should be a member in good standing of AHRS who has practiced hair restoration surgery for more than 10 years.

3. The Preceptor should be academically oriented and committed to TEACHING personally contributing to the professional education of the Fellow.
4. The Preceptor should be proficient and versatile at hair restoration surgery and be actively involved in 100 surgeries per year.
5. The Preceptor should be actively involved in academic activities like attending national and international conferences, workshops, presentations and publications. As a requisite he/she will have to be to keep himself/herself updated by attending continuing education programs (CMEs) conducted by the AHRS, India/ ISHRS and other similar recognized bodies. It is mandatory for the Preceptor to attend one HAIRCON every two/three years.

The Preceptors are advised to maintain a Case log documenting Surgical & Non-Surgical Cases and provide for requirements as follows:

- Record patient initials or ID number
- Before and After Photographic progress
- Before and After Counts of Hair density and Caliber OR Hair bundle thickness
- Patients Personal Evaluation Score
- Date of surgery
- Type of procedure FUT, FUE, Punch size, areas harvested, average number of grafts per area,
- Duration of the procedure, number of grafts implanted
- Special notes (e.g., complications, pre op problems that add complexity)
- At least ten percent (10%) of the cases submitted must qualify as complex. For example these could be patients who require restoration for hair loss caused by injury or prior surgery, or are high risk because of a medical condition, or require management of a complication like mis-placed hairline, poor direction of grafts etc.
- The Preceptor should be certified in providing BLS with knowledge of AED use.

Eligibility criteria for the training center.

The center selected for the program should perform at least 100 surgical cases per year. The surgeries must include all types of Hair Restoration techniques plus complicated cases. One or more centers can collaborate to jointly execute the program. Alternatively the candidate or selected fellow may be mutually referred to other centers for subspecialty exposure for e.g. to acquire participation or observation of eyebrow, eyelash, post burns, cicatricial alopecia, similar difficult cases and management of patients with complications, redo or pre-existing medical conditions.

The training center shall have

- 1) Spacious consultation room which should accommodate the Preceptor and his associates and the candidate/fellow with computer, trichoscope, digital camera,
- 2) A standard operating room dedicated to hair restoration or preferably two if the center performs other surgeries or other procedures as well.
- 3) The operation room shall have all basic instruments for performing different types of donor harvest. It should have standard equipment for monitoring the patients's vital parameters as well as resuscitative equipment to deal any emergency situation (including but not limited to set of instruments for intubation, resuscitation, oxygen supply, emergency medicines and AED.
- 4) Basic protocols of operation room shall be followed including sterilization, maintaining good environment, record keeping, good counselling and medical ethics.
- 5) The center should strictly follow all guidelines with respect to the delegation of various steps of the hair transplant surgery. The steps like counselling the patient, taking informed consent, anesthetizing the donor and recipient area, donor harvesting (strip or FUE), creating recipient sites etc. should always be performed by the qualified surgeon (Preceptor) or associate. There should be no practice of improper delegation of surgical work to unqualified assistants.
- 6) Space for the candidate/fellow to study/practice on models.
- 7) Available library and access to reference materials.
- 8) Compliance with Occupational Safety and Health Administration (OSHA)

- 9) Emergency treatment and evacuation policies and procedures should be in place.

Eligibility for the AHRS, India Fellowship Program

The Physician/Surgeon who is eligible for the AHRS Fellowship Training Program should be licensed to learn practice medicine in the jurisdiction location of the Program Center.

Following are eligibility criteria for AHRS Fellowship

1. He/she should be AHRS member (full or associate member) with good standing.
2. The candidate's medical qualifications should be recognized by National Medical Commission and shall be a allopathic medicine practitioner.
3. He /she shall be eligible to practice hair restoration in his state/country.
4. The physician should have completed post graduate qualification of M.S IN (Ear Nose and Throat surgery), M.S in General Surgery, M.D. in Dermatology, Post Graduate Diploma in Dermatology (DVD), Diploma in Oto RhinoLaryngology (DORL) and M Ch. In Plastic Surgery, Diplomate of the ABHRS(American Board of Hair Restoration Surgery).
5. The physician should have high moral and ethical standards.

The AHRS Fellowship program

Fellowship program is a training program of six months duration. It will have components of onsite training, virtual lectures, self-study and conclude with an exam.

The objective of the Fellowship program- is to provide the candidate with comprehensive knowledge and training in hair restoration including hair science and surgical restoration and exposure to all methods of hair transplantation and related procedures to restore hair. The objectives would be to help develop the following core competencies (as described by the International Society for Hair Restoration Surgery (ISHRS)) in the candidate:

Core Competencies for Hair Restoration Surgery

1. Counsel and advise patients on the risks and benefits of hair restoration surgery. Address the patient's specific general medical and psychological condition, including consideration of the patient's age, sex, physical examination, and family history of hair loss.
2. Identify, advise, and manage patients whose hair loss is not androgenic in etiology.
3. Design integrated medical and surgical treatment plans, including hairlines and crowns, for patients between the ages of 16 and 65 who have Norwood-Hamilton patterns II through VII and Ludwig patterns I, II, and III.
4. Set up a hair transplant operating room that will provide a safe environment for patients and staff, including, but not limited to, sterile techniques, proper management of bio hazardous materials, and ergonomic ally sound work stations.
5. Harvest hair bearing donor scalp using techniques that minimize follicular damage and maximize donor scar aesthetics.
6. Prepare follicular unit grafts from donor tissue with minimal follicle transection. Demonstrate techniques to maximize graft survival between preparation and implantation.
7. Prepare appropriately sized recipient sites for hair grafts with proper attention to exit angle, hair direction, depth of incision, and spacing, so as to attain a natural appearance and optimize hair growth.
8. Place follicular unit grafts into appropriately sized recipient sites with minimal physiologic and physical follicular trauma.
9. Calculate and administer an appropriate dose of medication for sedation and local anesthesia for hair replacement surgery, including the use of tumescent solution and high dose epinephrine solution.
10. Recognize and demonstrate appropriate modifications to transplant design and treatment plan for patients who have had prior scalp surgery and identify the appropriate time to integrate scalp extension or expansion into a patient's treatment plan.
11. Demonstrate the proper use of basic life support equipment, including automatic external defibrillators and adjunctive equipment to airway management.
12. Manage complications of hair restoration surgery; including syncope, postoperative infections, hemorrhage and hematomas, postoperative pain syndromes, wide donor scars, and suboptimal results.
13. Use the basic principles of adult education in the demonstration format to train nurses, medical assistants, and surgical technicians to become hair transplant technicians competent in slivering, cutting, and placing follicular unit and multiunit grafts.

The candidate can choose the center for fellowship from the list of AHRS certified centers which will be updated periodically on the AHRS, India website.

After the candidate registers for the fellowship program, he/she will be granted access to online teaching module of AHRS, India. This module will give the candidate the basics of hair biology, pathology of hair loss, examining a patient of hair loss, diagnostic tests for hair loss, planning medical and surgical treatments. Along with this the candidate will also be recommended text books for self-study. The candidate will be able to communicate with the preceptor through telephonic or video calls for any advice. As a part of onsite training - the candidate will spend a minimum of 25 days at the center of his/her choice. It is advisable that before starting the onsite training, the candidate develops basic surgical skills including but not limited to handling of surgical instruments, suturing techniques, managing hemostasis and use of diathermy. Also develop an understanding of aseptic techniques and operation room sterilization techniques and operation theatre etiquettes. It is also important to understand wound healing, mechanism of scar formation, manage delayed healing, non-healing and managing bad scars. A candidate who is new to surgical techniques is advised to familiarize himself/herself with basics of surgery before proceeding for onsite training. This will prepare him for better training. At the end of the fellowship the physician will be trained in diagnosis, design and execution of a treatment plan for patients with the simple, common to most complex and difficult hair loss problems. As a part of the curriculum the candidate should prepare a presentation for the HAIRCON and also publish a paper under the guidance of the Preceptor.

Duration of Fellowship program

Duration is 6 months. It includes attending one HAIRCON (Annual National Conference of the AHRS, India), a minimum of 25 days 'onsite fellowship, an examination. (if the HAIRCON is not conducted during the six-month tenure of fellowship, he can submit the attendance certificate of previous HAIRCON or he can attend upcoming HAIRCON, but the attending one HAIRCON is mandatory for completing of the fellowship program.

Fellowship calendar

There will two sessions per year

First half of the calendar year starting 1st January to 30th of June

Second half of the calendar year starting 1st of July to 31st December

Details of Onsite training

It has to be done at one AHRS certified center for minimum of 25 working days. If the candidate wants to join another center, he can visit other centers of his own. If he does this more than 25 days onsite training it will be his own decision and he will bear the cost if any.

The candidate can select one fellowship center only and get registered under the Preceptor at that center. But the director of the fellowship center can allow him

to visit other center , and if the secondary center is also AHRS accredited for fellowship than the work and period of secondary center can be included in his log book, but the financial division will be the responsibility of fellowship director under whom he got registered.

Choosing the Preceptor and the center

The candidate can select a Preceptor and center of his/her choice. He will apply directly to the Preceptor directly after fulfilling all eligibility requirements for the fellowship. The dates of onsite training can be mutually decided by the candidate

Maintaining a log book

The candidate will maintain the log book of his cases he observed/assisted or done. All work done during fellowship will be in-umerated in log book. The log book should contain

- a. A minimum 10 surgical cases with details and pre-operative and post-operative follow-up pictures (as the candidate spend a limited time onsite it may not be possible to have the follow-up results of transplant procedures. The candidate can submit pictures of follow up patients who were treated in the center in the time prior to the onsite training.
- b. A minimum of five cases of non-surgical hair restoration with complete detail, photographs also (as the candidate spend a limited time onsite it may not be possible to have the follow-up results of medical/non-surgical treatment. The candidate can submit pictures of follow up patients who were treated in the center in the time prior to the onsite training).
- c. The candidate can choose a case study or a review as his/her research if any conducted during the fellowship period under the guidance of the preceptor should be included in the log book and also be submitted for publication- the same will also be treated as his research work to be discussed during his viva
- d. The case study or the review should be presented as Presentation/Poster at the HAIRCON should be included along with a summary of the HAIRCON and/or workshop attended.

The log book must include:

1. Patient initial or ID number
2. Procedure performed/Treatment given (medical management)
3. The component of the procedure performed/assisted by the candidate
4. Date of surgery
5. The Preceptor who participated in the case
5. Photographs—pre, per, post follow up (standard views)

Fellowship examination

AHRS, India will conduct examination consisting of written and oral examinations twice a year

The dates will be announced at the beginning of the calendar year.

The candidate will submit a Self-declaration stating that he/she has read and understood the basics of hair restoration. This declaration mandatory for the candidate to be eligible to appear for the exam.

Pattern of examination

The examination will have written and practical components, both of which are compulsory.

The written exam will have one paper which will be of subjective format and one with multiple choice questions.

The practical examination—may be in person or may be an online/virtual exam (using models) and candidate will have to diagnose and elaborate on management of that case.

The practical examination will also have a viva-voce.

The Candidate will be required to maintain a log book of cases- and mention how many cases were observed, how many were assisted and how many were performed independently. Additionally, he/she could submit a video of the harvesting and implantation performed independently.

Marking for the exams.

The exam will be conducted by three examiners

Examiner I Case one-----20 marks

Examiner II Case two-----20 marks

Examiner III Grand viva-----20 marks

Log book evaluation (10marks),

Publications AND/OR presentation (paper/poster at HAIRCON) - 10 marks

Assessment of the Preceptor - 20 marks

AHRS Recognition of a Trainee's Program Completion

Upon receipt of the Program Director's letter of recommendation certifying a trainee's successful completion of the program, and the trainees documented attendance of one AHRS conference, the AHRS will issue to the trainee a certificate documenting successful completion of an approved AHRS Fellowship Training Program.

Syllabus for the fellowship course

The syllabus is based on the ISHRS (INTERNATIONAL SOCIETY OF HAIR RESTORATION SURGERY) curriculum aimed at giving all the relevant information for the hair restoration fellow.

1. BASIC SCIENCE

1.1. BASIC SCIENCE OF HAIR

- 1.1.1. Scalp Anatomy and Physiology
- 1.1.2. Cyclic Activity of Hair
- 1.1.3. Androgen-dependent Hair
- 1.1.4. Pathophysiology of androgenic alopecia
- 1.5. Alopecia: classification and incidence
- 1.1.6. Types of Hair
- 1.1.7. Racial and Individual Variations
- 1.1.8. Hair loss Aetiologies
- 1.1.9. Excess Hair Growth
- 1.1.10. Dermatological Scalp Conditions

1.2. EPIDEMIOLOGY AND DEMOGRAPHICS OF HAIR

- 1.2.1. Age and AGA in men
- 1.2.2. Female AGA
- 1.2.3. Ethnic variation in the characteristics of skin, scalp,

1.3. WOUND HEALING

- 1.3.1. Basic science
- 1.3.2. Factors that influence wound healing
- 1.3.3. Anatomic and skin type considerations
- 1.3.4. Microbiology
- 1.3.5. Biomechanics and histology of normal skin and scars
- 1.3.6. Wound Healing

2. CLINICAL SCIENCE

2.1. GENERAL SURGICAL PRINCIPLES

- 2.1.1. Sterile technique
- 2.1.2. Instrumentation
- 2.1.3. Instrument preparation
- 2.1.4. Closure materials
- 2.1.5. Wound care

2.2. PATIENT CONSULTATION, EVALUATION, AND PREPARATION

- 2.2.1. Psychology of Hair
- 2.2.2. Patient evaluation
- 2.2.3. Selection
- 2.2.4. Standardized photography for hair restoration
- 2.2.5. Medicolegal issues in hair replacement
- 2.2.6. Hair Transplantation
- 2.2.7. Hairline design details
- 2.2.8. The Donor Site
- 2.2.9. Graft Preparation Techniques

- 2.2.10. Graft Insertion Techniques
- 2.2.11. Postoperative Care
- 2.2.12. Scalp Reductions and Scalp-Lifting
- 2.2.13. Pedicle rotation flaps in the surgical treatment of alopecia
- 2.3. DEVELOPMENT OF TREATMENT PLAN
- 2.3.1. Patient expectations
- 2.3.2. Surgical feasibility
- 2.3.3. Assessments of risks/benefits of treatment plan
- 2.3.4. Informed consent to include alternative therapies
- 2.4. ANESTHESIA
- 2.4.1. ASA risk classification
- 2.4.2. Topical
- 2.4.3. Local
- 2.4.4. Regional
- 2.4.5. Nerve block anesthesia of the scalp
- 2.4.6. Special Considerations
- 2.4.7. Complications
- 2.4.8. Pain control and management of the postoperative period
- 2.5. EMERGENCY PREPAREDNESS
- 2.5.1. Management of surgical emergencies
- 2.5.2. Basic and Advanced Cardiac Life Support (ACLS Curriculum)
- 2.5.3. Emergency situations in hair transplantation
- 2.6. RECONSTRUCTION
- 2.6.1. Surgical techniques
- 2.6.2. Surgical options
- 2.7. COMPLICATIONS
- 2.7.1. General theory, management, and prevention of complications
- 2.7.2. Complications of Hair Transplantation
- 2.7.3. Complications of Flaps in the Treatment of Baldness
- 2.7.4. Scar revision
- 2.8. STRATEGIES IN UPDATING OLD TECHNIQUES AND CORRECTING SUBOPTIMAL RESULTS
- 2.9. INTERDISCIPLINARY CARE OF PATIENT
- 2.9.1. Interdisciplinary care for complicated cases
- 2.9.2. Interaction with other medical and surgical specialists to provide optimal care
- 2.9.3. Education of other medical, surgical, and lay specialists in HRS
- 2.9.4. Non-surgical Hair Replacement
- 2.10. MEDICAL THERAPY
- 2.10.1. Current understanding of AGA and testosterone
- 2.10.2. Minoxidil
- 2.10.3. Finasteride
- 2.10.4. Dutasteride

- 2.10.5. OTC treatments & Hoaxes
- 2.11. SPECIAL CONSIDERATIONS
 - 2.11.1. Hair Transplantation in Blacks
 - 2.11.2. Hair Transplantation in Asians
 - 2.11.3. Hair Transplantation in Females
 - 2.11.4. Hair transplantation of the eyebrows
 - 2.11.5. Hair transplantation of the eyelashes
 - 2.11.6. Reconstruction of the Temporal Points Area
 - 2.11.7. Moustache Transplantation
 - 2.11.8. Hair Transplantation in Skin Grafts, Thin Recipient Skin, and Radiation induced Alopecia
 - 2.11.9. Treatment of the genetically male transsexual
 - 2.11.10. The treatment of female pattern alopecia
 - 2.11.11. Synthetic hair
 - 2.11.12. Automation techniques in HRS
 - 2.11.13. Scalp Reconstruction Techniques
 - 2.11.14. Ethics, Marketing & Patient consent
- 3. PROFESSIONAL/REGULATORY TOPICS
 - 3.1. MEDICAL-LEGAL ISSUES
 - 3.1.1. Risk assessment in the surgical patient
 - 3.1.2. Medical record documentation
 - 3.1.3. Quality assurance (QA) and continuous quality improvement (CQI)
 - 3.1.4. Informed consent
 - 3.1.5. Photographic Reproduction
 - 3.2. REGULATORY ISSUES
 - 3.2.1. Local Municipality/ Health administration regulations
 - 3.2.2. Blood borne pathogens (BBP)
 - 3.3. PROFESSIONAL ETHICS
 - 3.3.1. Professional ethical standards
 - 3.3.2. Selection of the most cost-effective treatment plan given patient goals
 - 3.3.3. Realistic expectations
 - 3.3.4. Professional Marketing

Recommended Bibliography

1. Hair Transplantation, 5th Edition, Unger, W.P (Editor), Shapiro, R. (Editor), Marcel Dekker, Inc., March 2004. ISBN: 0-8247-4110-2
2. Hair transplantation by Venkat Mysore, First edition, jaypee publishers, New Delhi. 1916.
3. Hair Transplantation, Haber, R.S. (Editor), Stough, D.B. (Editor), Elsevier Saunders, 2006. ISBN: 10 1 4160 31049

4. Disorders of Hair Growth, Olsen, E.A ,Mcgraw-Hill, July 2003. ISBN: 0-07-136494-3
5. Hair Replacement, Surgical and Medical, Stough, D.B. (Editor), Haber, R.S. (Editor), Mosby, January 1996. ISBN: 0815175434
6. Hair and Scalp Disorders, Dawber, R., VanNeste, D., (Martin Dunitz), T&F STM, January 1995. ISBN: 1853171182
7. Surgical Anatomy of the Skin, Salasche, S.J., Bernstein, G., Senkarik, M, McGraw-Hill/Appleton & Lange, July 1988.
8. Journals:
 - a. Hair Transplant Forum International, official publication of the International Society of Hair Restoration Surgery, Geneva, IL.
 - b. Dermatologic Surgery
 - c. Int J of Trichology
 - d. Indian Journal of Plastic Surgery

Application for Fellowship

This fellowship program is open to AHRS, India members only.

6. Name:
7. Age:
8. Specialty:
9. AHRS MEMBERSHIP number
10. Years in practice
11. Academic achievements –
 14. Conferences attended
 15. Presentations
 16. Publications
12. Email:
13. Phone number with area code:
14. Details of payment: Demand draft in favor of Association of Hair Restoration Surgeons, India, of INR 100,000 (INR One lac only) paid after the application is approved by the Fellowship Board and another payment

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15. Date of the application

16. Fellowship session preferred

January to June

July to December

17. Training center and Preceptor preferred:

Candidate can choose only one center. It is advisable before applying they talk/write to Preceptor and take formal permission. If there is no preference based on the geographic location the AHRS fellowship board can make recommendations). Acceptance of the candidate by the Preceptor is at the discretion of the Preceptor.

18. All the applications should have the following disclosure signed by the applicant.

DISCLOSURE—Information given and certificates submitted are true. I accept that selection for fellowship program is decision of AHRS India. If I am found to be in violation of any of the above-mentioned requisites my fellowship will be terminated.

19. Attachments:

- e. Candidate applicant's Curriculum Vitae (CV).
- f. Self-attested copy of MBBS., Post-graduation/ Diploma/MCh /ABHRS certificate.
- g. Permanent registration of MCI/State Medical Council number and certificate.
- h. AHRS Full Membership certificate.

The application for fellowship will be reviewed by the Fellowship Board

Fees

Fellowship program fees would be INR 200,000 (two lac Indian rupees Plus GST , can be paid in two instalments –One lac at the time of registration, and one lac at the end of three months)

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Schedule for year 2021

Fellowship program to be inaugurated at the HAIRCON 2021

Last date of submission of forms - 30th April 2021.

Results of acceptance of applications will be declared on 15th May 2021.

Fellowship will start from 1st July 2021 till 31st December 2021.

Examination will take place in Feb 2022.

Note—There could be a change in the dates and fees and change will be updated on the AHRS, India website.

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9. The Preceptor should be proficient and versatile at hair restoration surgery and be actively involved in 100 surgeries per year.
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- Date of surgery
- Type of procedure FUT, FUE, Punch size, areas harvested, average number of grafts per area,
- Duration of the procedure, number of grafts implanted
- Special notes (e.g., complications, pre op problems that add complexity)
- At least ten percent (10%) of the cases submitted must qualify as complex. For example these could be patients who require restoration for hair loss caused by injury or prior surgery, or are high risk because of a medical condition, or require management of a complication like mis-placed hairline, poor direction of grafts etc.
- The Preceptor should be certified in providing ACLS (Advance Cardiac Life Support)

Eligibility criteria for the training center.

The center selected for the program should perform at least 100 surgical cases per year. The surgeries must include all types of Hair Restoration techniques plus complicated cases. One or more centers can collaborate to jointly execute the program. Alternatively the candidate or selected fellow may be mutually referred to other centers for subspecialty exposure for e.g. to acquire participation or observation of eyebrow, eyelash, post burns, cicatricial alopecia, similar difficult cases and management of patients with complications, redo or pre-existing medical conditions.

The training center shall have

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- 11) A standard operating room dedicated to hair restoration or preferably two if the center performs other surgeries or other procedures as well.
- 12) The operation room shall have all basic instruments for performing different types of donor harvest. It should have standard equipment for monitoring the patient's vital parameters as well as resuscitative equipment to deal any emergency situation (including but not limited to set of instruments for intubation, resuscitation, oxygen supply, emergency medicines and AED.
- 13) Basic protocols of operation room shall be followed including sterilization, maintaining good environment, record keeping, good counselling and medical ethics.
- 14) The center should strictly follow all guidelines with respect to the delegation of various steps of the hair transplant surgery. The steps like counselling the patient, taking informed consent, anaesthetizing the donor and recipient area, donor harvesting (strip or FUE), creating recipient sites etc. should always be performed by the qualified surgeon (Preceptor) or associate. There should be no practice of improper delegation of surgical work to unqualified assistants.
- 15) Space for the candidate/fellow to study/practice on models.
- 16) Available library and access to reference materials.
- 17) Compliance with Occupational Safety and Health Administration (OSHA)

- 18) Emergency treatment and evacuation policies and procedures should be in place.

The core curriculum and the core competencies necessary for each Program shall include the topics are mentioned in the section under the fellowship program.

Application for the Preceptor and center for AHRS, Fellowship program

Only members of the AHRS, India with 8-10 years' experience who enjoy good standing are eligible to apply for the Preceptorship. Their centers should fulfil all criteria stipulated.

A completed application form with a non-refundable of INR 10,000 (Ten thousand only) application fee should be submitted to the Fellowship Director.

The applicant will fill and submit the Preceptor application form (?) which will be available from the AHRS website

FORMAT OF APPLICATION FOR FELLOWSHIP

1. Name:
2. Age:
3. Specialty:
4. AHRS MEMBERSHIP number
5. Years in practice
6. Academic achievements –
 - a. Conferences attended
 - b. Presentations
 - c. Publications
7. Name of the Hair restoration center:
8. Name of other hair restoration surgeons/ associates working at the center:
9. Address of the Center:
10. Email:
11. Phone number with area code:
12. Details of payment: Demand draft in favour of Association of Hair Restoration Surgeons, India, of INR 10,000 (INR Ten thousand only)

13. Date of the application

- a. All the applications should have the following disclosure signed by the applicant.

DISCLOSURE—Information given and certificates submitted are true. I accept that permission for fellowship center is decision of AHRS India and in case of violation of anything mentioned, the association has written to cancel the permission for fellowship center.

14. Attachments:

- b. Disclosure of minimum 100 cases per year, with maintenance of patients record having pre-operative and post-operative pictures. This shall also include complicated cases.
- c. Disclosure of following all the ethical guidelines for hair transplant.
- d. Disclosure of trained staff
- e. Proof of Advanced Cardiac Life Support (ACLS) Certification. (?)
- f. Preceptor applicant's Curriculum Vitae (CV).
- g. Self-attested copy of MBBS., Post-graduation/ Diploma/MCh /ABHRS certificate.
- h. Permanent registration of MCI/State Medical Council number and certificate.
- i. AHRS Full Membership certificate.

The application of the Preceptor and the center will be reviewed by the Fellowship board and an person/virtual inspection will be conducted. If all the criteria are met satisfactorily then an approval is granted to the surgeon and his/her center.